

PLEASE HAVE YOUR FARE READY TO PAY THE DRIVER

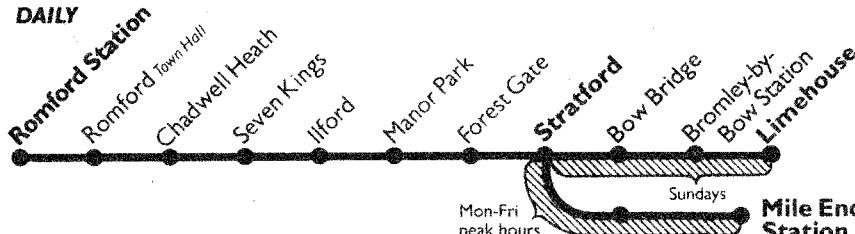
Mondays to Fridays												NOTE Between Stratford and Romford extra buses provide a service every 6 minutes during peak hours.																																			
Mile End Station ☺		Bow Church		Stratford Broadway		Forest Gate Green Street		Ilford Broadway		Seven Kings Garage		Chadwell Heath Coopers Arms		Romford Market		Romford Station ☺		Mile End Station ☺		Bow Church		Stratford Broadway		Forest Gate Green Street		Ilford Broadway		Seven Kings Garage		Chadwell Heath Coopers Arms		Romford Market		Romford Station ☺													
0508 0528 0548 0558 0608 0620 0632 0638 0644 0650 0656 0701 0707 0711 0716 0721 0726 0731		0514 0534 0554 0604 0614 0626 0638 0644 0650 0656 0702 0707 0713 0717 0722 0727 0732 0737		0525 0545 0605 0615 0625 0637 0649 0655 0701 0707 0713 0718 0724 0728 0733 0738 0745 0750		0530 0550 0610 0620 0630 0642 0654 0700 0706 0712 0718 0723 0729 0733 0738 0744 0751 0757		0636		0640		0646		0654		0703		0710a		0655		0659		0705		0713																					
0711		1010		1610		1757		1809		1821		1834		1840		1846		1857		1837		1840		1846		1846																					
0715		1015		1616		1803		1815		1827		1840		1846		1857		1837		1840		1846		1846																							
0711		Then		1021		1624		1616		Then		1813		1825		1837		1840		1837		1840		1846																							
0715 0721		about		1021		1625		1624		Then		1620		1624		1811		1817		1823		1829		1835		1841																					
0723 0729		every		1029		1633		1636		about		1628		1632		1819		1825		1831		1837		1843		1849																					
0733 0739		12		1039		1643		1646		every		1641		1647		12		1834		1840		1844		1848		1854																					
0737 0742		0748		mins.		1048		1652		1655		6		1652		1658		mins.		1845		1850		1853		1857																					
0743 0748		0754		until		1054		1658		1704		1101		mins.		1704		1705		1851		1856		1908		1903																					
0756 0801		0807		1107		1711		1717		1717		1723		1902		1907		1914		1920		1926		1931																							
0802 0807		0813		1113		1720		1717		1723		1907		1912		1919		1925		1931		1931		1931																							
Mile End Station ☺												1846												1846		1851																					
Stratford Bus Station ☺												Then												1846		1851																					
Stratford Bus Station ☺												1846												1846		1851																					
Stratford Broadway												1846												1846		1851																					
Forest Gate Green Street												1846												1846		1851																					
Ilford Broadway												1846												1846		1851																					
Seven Kings Garage												0508 0538 0608 0628 0648 0650 0704 0714 0716 0728 12												0923		0923																					
Chadwell Heath Coopers Arms												0514 0544 0614 0634 0654 0657b 0710 0721b 0722 0734 12												0927		0927																					
Romford Market												0525 0555 0625 0645 0705 0721 0733 0745 0750 1012												0944		0944																					
Romford Station ☺												0530 0600 0630 0650 0710 0726 0738 0750 1020												0953		0953																					
Stratford Bus Station ☺												1729 1735 1741 1747 1753 1800 1806 1812 1816 1829 1824												0923		0923																					
Stratford Broadway												1733 1739 1745 1751 1757 1803 1809 1815 1819 1823 1827												0927		0927																					
Forest Gate Green Street												1741 1747 1753 1759 1805 1811 1817 1823 1827 1831 1835												0935		0935																					
Ilford Broadway												1751 1757 1803 1809 1814 1820 1826 1832 1836 1840 1844												0935		0935																					
Seven Kings Garage												1801 1807 1812 1817 1822 1828 1834 1840 1844 1848 1852												0937		0937																					
Chadwell Heath Coopers Arms												1813												0941		0941																					
Romford Market												1824												0945		0945																					
Romford Station ☺												1829												0948		0948																					
Stratford Bus Station ☺												1735 1741 1747 1753 1800 1806 1812 1816 1829 1824												0950		0950																					
Stratford Broadway												1733 1739 1745 1751 1757 1803 1809 1815 1819 1823 1827												0954		0954																					
Forest Gate Green Street												1741 1747 1753 1759 1805 1811 1817 1823 1827 1831 1835												0955		0955																					
Ilford Broadway												1751 1757 1803 1809 1814 1820 1826 1832 1836 1840 1844												0956		0956																					
Seven Kings Garage																																															

Sundays (and National Public Holidays)

Limehouse	<i>Burford Road</i>	0738	0808	0838	0908	0938	1007	1037	1107	
Bromley-by-Bow	Station	⊖	0747	0817	0847	0917	0947	1016	1046	1115
Stratford	<i>Bus Station</i>	⊖	0713	↓	0808	↓	0838	↓	0908	↓	0938	↓	1008	↓	1037	↓	1107
Stratford Broadway	0716	0756	0811	0826	0841	0856	0911	0926	0941	0956	1011	1025	1040	1055	1110	1125
Forest Gate	<i>Green Street</i>	0722	0802	0817	0832	0847	0902	0917	0932	0947	1002	1017	1031	1046	1101	1116	1131
Iford Broadway	0730	0810	0825	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055	1110	1125	1140
Seven Kings Garage	0648	0713	0738	0818	0833	0848	0903	0918	0933	0948	1003	1018	1033	1048	1103	1118	1133
Chadwell Heath Coopers Arms	0654	0719	0744	0824	0839	0854	0909	0924	0939	0954	1009	1024	1039	1054	1109	1124	1139
Romford Market	0705	0730	0755	0835	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	1135	1150
Romford Station	⊖	0710	0735	0800	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055	1110	1125	1140
Limehouse	<i>Burford Road</i>	1137	07	37	2207	2237	2307	2337	2407	
Bromley-by-Bow	Station	⊖	1146	Then	16	46	2216	2246	2316	2346	
Stratford	<i>Bus Station</i>	⊖	1137	↓	at	07	↓	37	↓	2237	↓	2307	↓	2337	↓	0001	
Stratford Broadway	1140	1155	these	10	25	40	55	2225	2240	2235	2310	2325	2340	2355	0004	
Forest Gate	<i>Green Street</i>	1146	1201	minutes	16	31	46	01	UNTIL	2231	2246	2301	2316	2331	2346	0001	
Iford Broadway	1155	1210	past	25	40	55	10	2240	2255	2310	2325	2340	2355	0010		
Seven Kings Garage	1203	1218	each	33	48	03	18	2248	2303	2318	2333	2348	0003	0018		
Chadwell Heath Coopers Arms	1209	1224	hour	39	54	09	24	2254	2309	2339	2359	0009	0027	0346		
Romford Market	1220	1235	50	65	20	35	2305	2320	2330	2350	0020	0020	0020		
Romford Station	⊖	1225	1240	55	10	25	40	2310	2325	2355	0025	0025	0025	0025		

a - Time at Ilford Station / ex Street.

b - Time at Chadwell Heath Wangey Road.



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Mondays to Fridays												NOTE Between Romford and Stratford extra buses provide a service every 6 minutes during peak hours.																					
Romford Station	0535	0558	0617	0627	0639	0651	0703	0713					Romford	Market	0539	0602	0631	0643	0655	0709	0716												
Chadwell Heath	0549	0612	0631	0641	0653	0707	0715b	0719	0721	0725	0737		Coopers Arms		0605	0618	0628	0643	0647	0704	0709	0713	0718	0721	0727	0731							
Seven Kings Garage	0540	0555	0608	0618	0629	0633	0637	0641	0647	0653	0659	0704	Ilford	Broadway	0552a	0605	0618	0628	0639	0643	0647	0651	0657	0703	0709	0714	0723	0729	0733	0739	0751		
Forest Gate Green Street	0614	0627	0637	0648	0652	0656	0700	0706	0712	0718	0723	0728	0734	0740	0745	0751	0803																
Stratford Broadway	0620	0633	0643	0654	0701	0708	0714	0720	0726	0732	0737	0742	0748	0754	0759	0805	0817																
Stratford Bus Station	0626	0639	0649	0700	0714	0726	0740	0750	0802	0813	0825		Bow Church		0631	0644	0654	0705	0719	0733	0747	0757	0809	0820	0832								
Mile End Station	0824	0848	1453	1500	1506	1724	1729	1735	2248	2258	2308		Romford	Station	0724	0848	Then 1500	1507	1513	1731	1736	1742	Then 2252	2302	2312								
Romford Market	0729	0848	0854	Then 1500	1507	1513	1731	1736	1742	Then 2252	2302	2312		Chadwell Heath	Coopers Arms	0744	Then	0902	0908	about 1512	1519	1525	1743	1748	1754	about 2302	2312	2322					
Seven Kings Garage	0750	about	0914	every 1518	1522	1525	1531	about 1749	1754	1800	every 2308	2318	2328	Ilford	Broadway	0804	every	0912	0928	6	1529	1533	1536	1543	1801	1812	12	2318	2328	2338			
Forest Gate Green Street	0816	12	0934	0940	mine.	1539	1543	1546	1553	1557	1811	1818	1822	mins.	0930	0945	0948	until	1546	1550	1553	1600	mins.	1818	1829	until	2333	2347	2353				
Stratford Broadway	0830	minutes	0945	0948	until	1546	1550	1553	1557	1561	1811	1818	1829	mins.	0931	0945	0948	until	1549	1553	1557	1561	1811	1818	1829	until	2336	2346	2356				
Stratford Bus Station	0831	until	0951	1549	1553	1557	1561	1811	1818	1829	1832	1832	1832		Bow Church		0838	0952	...	1559	1606	1824											
Mile End Station	0845	0957	...	1604	1611	1829	Romford	Station	2319	2331	...	2343	2355	0015	0019	0037	0041	0047	0057	0051	0053	0055	0057	0059	0061	0063
Romford Market	2323	2335	2347	2359	0019	0019	0019	0019	0019	0019	0019	0019	0019	Chadwell Heath	Coopers Arms	2333	2345	2351b	2357	0009	0014b	0029	0041b	0051	0051	0053	0055	0057	0059	0061	0063	0065	0067
Seven Kings Garage	2339	2351	2357	0003	0015	0020	0035	0047	0057	0057	0057	0057	0057																				

Saturdays

Romford Station	0535	0605	0635	0700	0724	0736	0748	0800	0812	0824	0836	0847	Romford	Market	0539	0609	0639	0704	0728	0740	0752	0804	0816	0828	0840	0851								
Chadwell Heath	0549	0619	0649	0714	0726	0738	0750	0802	0814	0826	0838	0850	Coopers Arms		0540	0555	0625	0635	0655	0708	0720	0732	0744	0756	0808	0820	0832	0844	0856	0902	0907			
Seven Kings Garage	0645	0655	0655	0705	0718	0730	0742	0754	0806	0818	0830	0842	Ilford	Broadway	0652a	0665	0685	0705	0718	0730	0742	0754	0766	0778	0790	0802	0814	0826	0838	0850	0912	0917		
Forest Gate Green Street	0614	0644	0654	0704	0714	0727	0739	0751	0803	0815	0827	0839	0851	Stratford	Broadway	0620	0650	0700	0710	0720	0734	0745	0757	0769	0781	0793	0805	0817	0829	0841	0853	0916	0922	0927
Stratford Broadway	0623	0653	0703	0713	0723	0748	0800	0812	0824	0836	0848	0860	0872	Stratford	Bus Station	0723	0824	0836	0848	0850	0862	0874	0886	0898	0910	0922	0934	0946	0958	0970	0982	0994	0997	

Romford Station	2343	2355	0015	0037																													
Romford Market	2347	2359	0019	0041																													
Chadwell Heath Coopers Arms	2357	0009	0014b	0029	0041b	0051																											
Seven Kings Garage	0003	0015	0020	0035	0047	0057																											

Sundays (and National Public Holidays)

Romford Station	0717	0747	0817	0847	0902	0917	0932	0947	1001	1015	1030	1045	Romford	Market	0721	0751	0821	0851	0906	0921	0936	0951	1005	1019	1034	1049										
Chadwell Heath	0731	0784	0831	0901	0916	0931	0946	1001	1015	1029	1044	1059	Coopers Arms		0731	0784	0831	0901	0916	0931	0946	1001	1015	1029	1044	1059	1074	1089	1094	1098	1102	1106	1112			
Seven Kings Garage	0637	0652	0722	0737	0752	0807	0822	0837	0852	0907	0922	0937	0952	Ilford	Broadway	0645	0700	0730	0745	0800	0815	0830	0845	0900	0915	0930	0945	1000	1015	1029	1044	1059	1114	1122		
Forest Gate Green Street	0653	0708	0738	0753	0808	0823	0838	0853	0868	0923	0938	0953	0968	Stratford	Broadway	0659	0714	0744	0759	0814	0829	0844	0859	0914	0929	0944	0959	1014	1029	1044	1059	1114	1122	1132		
Stratford Broadway	0702	0722	0752	0822	0832	0902	0932	0952	0972	1002	1032	1042	1052	Stratford	Bus Station	0722	0752	0822	0852	0922	0952	1022	1052	1102	1122	1152	1172	1192	1212	1232	1252	1272	1292	1312		
Bromley-by-Bow Station	0722	0750	0822	0852	0922	0952	1022	1052	1102	1130	1160	1190	1210	Bromley-by-Bow	Station	0730	0800	0830	0900	0930	1000	1030	1100	1130	1160	1190	1210	1230	1250	1270	1290	1310	1330	1350		
Limehouse Burdett Road	1100	1115	30	45	00	15	2230	2245	2308	2319	2330	2400	0030	Romford	Station	1104	1119	Then	34	49	04	19	2234	2249	2312	2323	2344	0004	0034							
Chadwell Heath	1114	1129	at	44	59	14	29	12	2244	2259	2322	2333	2404	0014	0039b	0044	0050	20	35	2250	2305	2328	2339	2350	0020	0045	0030									
Seven Kings Garage	1120	1135	these	50	55	20	35	23	2259	2314	2337	2359	2404	0014	0039b	0044	0050	10	25	2260	2315	2338	2359	2370	0020	0045	0030									
Ilford Broadway	1129	1144	minutes	59	14	29	44	23	2265	2314	2337	2359	2404	0014	0039b	0044	0050	10	25	2265	2315	2338	2359	2370	0020	0045	0030									
Forest Gate Green Street	1138	1153	past	06	23	38	53	23	2268	2323	2346	2359	2404	0014	0039b	0044	0050	10	25	2268	2323	2346	2359	2370	0020	0045	0030									
Stratford Broadway	1144	1159	each	14	29	44	59	23	2274	2324	2352	2372	2404	0014	0039b	0044	0050	10	25	2274	2324	2352	2372	2374	0020	0045	0030									
Stratford Bus Station	1144	1202	hour	4	32	4	02	23	2282	2332	2355	2372	2404	0014	0039b	0044	0050	10	25	2282	2332	2355	2372	2374	0020	0045	0030									
Bromley-by-Bow Station	1152	...	22	52	52	52	2322	2332	2355	2372	2404	0014	0039b	0044	0050	10	25	2322	2332	2355	2372	2374	0020	0045	0030											
Limehouse Burdett Road	1200	...	30	00	00	00	2330	2340	2363	2372	2404	0014	0039b	0044	0050	10	25	2330	2340	2363	2372	2374	0020	0045	0030											

a - Time at Ilford Station Ley Street.

b - Time at Chadwell Heath Wangey Road.